Montgomery County Public Schools
UNLEASHING POTENTIAL

MCPS Form 281-26
August 2026

Request To Be Excused From Instructional Material

Legal Services
Rockville, Maryland
MONTGOMERY COUNTY PUBLIC SCHOOLS

Montgomery County Public Schools (MCPS) Regulation IFD-RA, *Curriculum Transparency and Requests To Be Excused From Instruction* allows for parents or guardians to determine whether the use of specific core instructional material substantially interferes with their sincerely held religious beliefs. MCPS will make lists of the core instructional materials available online and parents/guardians may review these materials upon request.

Parents or guardians **must** submit this form to have their child excused from instruction using objectionable core instructional materials and to have alternative instructional materials provided when necessary. Parents or guardians may change their decision with respect to the use of alternative instructional materials by providing notice to the school.

INSTRUCTIONS

Please review Regulation IFD-RA and complete one form per class/subject area. Once the form is complete, please email it to *curriculumoptout@mcpsmd.org*. This form is due within the first ten (10) school days of each marking period or within thirty (30) days of enrollment for new families.

STUDENT INFORMATION

Student Name: _____ Student ID:_____

School Name: -- Choose One -- _____

Teacher Name: _____ Course Name:_____

LIST TITLE(S) OR CHAPTER(S) THAT YOU ARE REQUESTING TO BE EXCUSED FROM

DESCRIBE THE BASIS OF YOUR OBJECTION TO THESE INSTRUCTIONAL MATERIALS

SIGNATURE

By signing below you acknowledge that the basis of your request is that the text(s) you identify above substantially interferes with your sincerely held religious belief.

Parent/Guardian Printed Name:_____

Parent/Guardian Signature: _____Date:____/____/_____