

Montgomery County Department of Health & Human Services (DHHS)
School Health Services

Health Requirements for Montgomery County Public Schools (MCPS) Prekindergarten (Pre-K)/Head Start Programs

Prekindergarten/Head Start Unit
MONTGOMERY COUNTY PUBLIC SCHOOLS
Rockville, Maryland 20850

Dear Parent(s)/Guardian(s):

In order to provide the best learning experience for your child, teachers need to be aware of any special health or developmental problems that your child may have. Documentation of a student's health status is required as noted below.

PHYSICAL EXAMINATION

- Should include a review of all systems including:
 - Blood Lead Test
 - Blood Pressure Measurement
 - Blood test for Anemia (Hemoglobin & Hematocrit)
 - Developmental Screening
 - Hearing and Vision Screening
 - Blood Test for Sickle Cell (if indicated)
 - Height and Weight Measurement
- Children who do not have health insurance may be eligible for the Maryland Children's Health Program (MCHP) or the Montgomery County Care for Kids (CFK) Program. Both programs offer preventive health check-ups, sick care and other services. For assistance in applying for MCHP or CFK, please contact the Head Start Income Assistance Program Specialist, or visit the Office of Eligibility and Support Services (OESS) according to your zip code.

DENTAL EXAMINATION

- A dental examination is required for the Pre-K/Head Start Program
- The Dental Health Form should be completed by a dentist/dental hygienist.

TUBERCULOSIS

Freedom from tuberculosis (TB), documented by a negative skin test or chest x-ray, is recommended for students who enter MCPS from outside of the United States, including all children who have lived outside the U.S. for 12 months or more.

Skin tests may be obtained from private health care providers or for no cost at the Montgomery County DHHS, School Health Services (SHS) Immunization Center, 4910 Macon Road, Rockville, Maryland, 240 740-4430.

Individuals with positive skin tests must be cleared by chest x-rays before attending school. Chest x-rays are available through private physicians or Montgomery County DHHS, TB Control Program, 2000 Dennis Avenue, Silver Spring, 240-777-1800.

IMMUNIZATIONS

- Proof of the following immunizations must be certified by your authorized health care provider on the *Maryland Immunization Certificate Form 896* (MDH Form 896):
 - 4 DPT/DTAP (Diphtheria, Pertussis, and Tetanus)
 - 3 Polio
 - 1 MMR (Measles, Mumps, and Rubella) on or after 12 months of age (2nd required by fifth birthday)
 - 1 Hib (Haemophilus Influenza type b) on or after 12 months of age
 - 3 Hepatitis B
 - 1 Varicella (Chicken Pox) on or after 12 months of age
 - 1 Pneumococcal Conjugate (Prevnar)

If you have any questions or need additional information, please call the Head Start Health Coordinator at 240-777-1645.