

MARK YOUR CALENDAR

MCPS Mental Health Awareness Week
Nov. 3–Nov. 8, 2025

*You Matter:
Every Mind Counts*

Inviting all community members

The Division of Specialized Support Services and the Montgomery County School Psychologists' Association will co-host the 2025 Mental Health Awareness Week (MHAW).

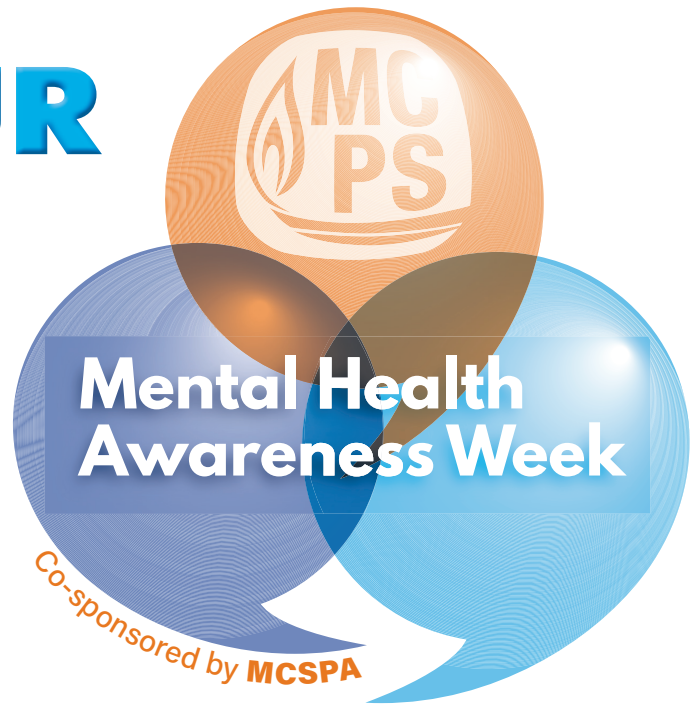
The Mental Health and Wellness Fair will be held on Saturday, November 8, 2025, from 10:00 a.m.– 2:00 p.m. at Gaithersburg High School, 101 Education Blvd, Gaithersburg, MD 20877.

- Free and Open to Students, Families, and Staff
- MCPS and Community Partners Sharing Information about Mental Health and wellness
- Student Forum and Mental Health Workshops
- Line Dancing, Zumba, and Yoga

Visit www.MCPSmentalhealth.org for additional details about activities, speakers, resources for students and staff, and how to join us.



Join Us!



TOPICS

- Mental Wellness
- Coping with Stress
- School and Community Resources
- and more...

Students!
Actively
participate in the
mental health workshops
and resource fair to
earn 4 SSL hours for
graduation.